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Title	Chap. LXXIX Arbor Bon cum fructusuo Buna. The Turkesberry drinke ...Chap. LXXXI. Caceras Indorum. INdian Trasi rootes
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then an Hazell Nut and longer, round also, and pointed at the one end, furrowed also on both sides, yet on one side more conspicuous than the other, that it might be parted into two, in each side whereof lyeth a small long white kernell, flat on that side they joyne together, covered with a yellowish skinne, of an acide taste, and somewhat bitter wichall and contained in a thinn shell, of a darkish ash-colour: with these berries generally in *Arabia* and *Egipt*, and in other places of the *Turkes* Dominions, they make a decoction or drinke, which is in the stead of Wine to them, and generally sold in all their tappe houses, called by the name of *Caova*, *Paludamus* saith *Chouva*, and *Rasvossius Chambe*. This drinke hath many good Physicall properties therein: for it strengtenth a weake stomacke, helping digestion, and the tumours and obstructions of the liver and spleene, being drunke fasting for some time together. The *Egyptians*, and *Arabian* women use it familiarly while their courses hold, to cause them to passe away with the more ease, as also to cause those to flow that are stayed, their bodies being prepared and purged aforehand.

Arbor Bon cum fructu suo Buna.
Turkes berry drinke.



CHAP. LXXX.

Curca. White Nuts.

T Here groweth saith *Garcias* in divers places of *Malavar*, a certaine Plant which is lowen and hath the fruite thereof hanging downe from the branches that are like unto Hazell Nuts, but not so round, and white of colour, whose kernell is sweet somewhat like unto Mushromes, or *Spanis* puffes, when they are boyled and dressed: they call it *Quiviquilenga* in some places (which signifyeth saith *Garcias* a small *Inbame*, but *Clusius* saith he knoweth it not, except it be the *Trafis* dolce, or *Juncia avellanada*) and in *Malavar* *Curcas*, and in *Cambaya* *Carpara*: these saith he, are not put to any use in physicke that he knew: he doth conjecture that *Serapio* meaneth this fruite by the name of *Habacontoul*, which saith he, breedeth abundance of sperme, but bringeth the passion of the chollicke therewith.

CHAP. LXXXI.

Caceras Indorum. Indian *Trafis* rootes,

T His roote groweth within the ground like as *Trafis* doe, shooting forth stalkes in the dry time of the yeare, having leaves like the water Flagge, or Corne Flagge, one foulded within another: these rootes being dried taste like unto Chestnuts: but while they be Greene or before they be dried, they are unpleasent. *Clusius* thinketh that these rootes be the *Malinathalla* of *Theophrastus*, lib. 4. c. 10. or the *Anthalium* of *Pliny*. About the River *Maragnon* in *Pern*, grow certaine fruits under the ground like *Spanis* bales, of the length and bignesse of halfe ones fingers, round and somewhat wriched, of a brownish colour, having within it a small nut like an *Allmond*, which will rattle being shaken when it is dry, browne without and white within, parting in two parts as an *Allmond*, of as good a taste as a *Filberd*, both raw and roasted, but procuring headache if too liberally eaten: they dry and strengthen the stomacke, and are esteemed as junkets with the *Indians* and *Spaniards*.

Fructus sub
terraneous
as. Quere
an Manobi
supra.